

Fort Garry/St. Norbert Coalition Programming

providing support to families with the goal of raising happy, healthy children

Session #4 Spring 2021

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
Sing-a-long with Me!	Read, Stretch & Sing	Show & Tell & Story	Let's Play	Fun in the Kitchen
online program 10:00- 10:30am				

All programs will take place <u>online</u> through Zoom and run from <u>April 19th - June 11th, 2021</u>

Sing-a-long with Me!

Learn new songs and sing a long and your Family Centre friends.

Great for kids 0-5 years

See & Say Storytime

You and your child will bring something to show & talk about at the beginning. Then rhymes and stories will follow!

Great for developing vocabulary!

Geared to 2.5-5 year olds

Registration begins on April 9th, 2021 at 8am

Read, Stretch & Sing

Join us as we do some yoga stretching and explore literacy in fun and exciting ways. Enjoy a bowl of "Alphabet Soup" while we learn about letters and get simple craft ideas to make at home.

Geared to 2.5-5 year olds

Let's Play

This physical activity program will have you and your child up and moving around as you learn the ABC's of movement.

(Agility/Balance/Coordination)

Great for 1-5 year olds

For more information contact one of our coordinators:

Cindy Nachtigall at: coordinator@fgsn.ca 204-299-1600

Audra Anderson at: coalition.admin@fgsn.ca 204-306-3475(DISK)

Fun in the Kitchen

Join us in the kitchen for some fun activities! Science experiments or snack time ideas will be the theme of the day! Pick up ingredients and then have your preschooler follow along!

Geared to 3-5 year olds

<u>Playcation with</u> <u>Priya</u>

Priya will be distributing Free Activity Kits!

May Kit - May 7th/8th

June Kit - June 11th/12th

Quantities Limited